

SHNA NetSetGo COMPETITION POLICY

1. SHNA NetSetGo category includes all children aged 9 years and under, as agreed with Netball NSW. (Age at 31 December of the year of play.)
2. SHNA NetSetGo has two categories:
 - a. **NetSetGo Skills ('SHNA Net')** is a skills program run by SHNA for specific number of weeks during the Winter season (times may vary due to court/volunteer availability)
 - b. **NetSetGo Competition** program includes 'SHNA Set' games (6-8 years) and 'SHNA Go' games (U9s). (Age at 31 December of the year of play.)
3. Teams will not play for competition points, nor will they compete in the Finals Series.
4. Game results will be entered into PlayHQ but will not be published.
5. All NetSetGo coaches are strongly encouraged to complete the following Netball Australia short courses (via Netball Learning):
 - a. 'Netball Australia Safeguarding Children and Young People'
 - b. 'Rules of Netball Exam'.
6. SHNA NetSetGo Competition Modified Rules (available on SHNA website > NetSetGo tab) are based on NNSW NetSetGo Modified Rules, and will apply to 'SHNA Set' and 'SHNA Go' games.
 - a. At training sessions, coaches are to coach standard Netball Australia Rules. SHNA Modified Rules are only applied to the 'SHNA Set' and 'SHNA GO' games.
7. Game Managers – Umpires for SHNA's NetSetGo games will be known as 'Game Managers'. They will umpire per the SHNA Modified Rules and are permitted to coach players on court.
 - a. 'SHNA Set' games will have two (2) 'Game Managers' – both can be coaches, but ideally one will be an official SHNA umpire
 - b. 'SHNA Go' games will have two (2) 'Game Managers' – both must be official SHNA umpires.
8. Clubs are responsible to ensure their coaches adhere to SHNA NetSetGo Modified Rules (available on SHNA website > NetSetGo tab), with special attention to the substitution and rotation requirements.
9. The SHNA NetSetGo Competition is administered by the SHNA Junior Competition Coordinator.

SHNA NetSetGO Modified Rules (based on NNSW NetSetGO Modified Rules)

| Rule | SHNA Set (6-8s Tier) | SHNA Go (U9s Tier) |
|--------------------------|---|---|
| Match Duration | 4 x 10 minute quarters | 4 x 15 minute quarters |
| Goal Post | 2.4m high | 3.05m high |
| Ball | Size 4 | Size 4 |
| Time to pass ball | Up to 5 seconds | Up to 4 seconds |
| Short Pass | <ul style="list-style-type: none"> Ball must be thrown (not handed) to another player. If two players from the same team gain possession of the ball in quick succession, this is not considered a short pass | <ul style="list-style-type: none"> Ball must be thrown (not handed) to another player. If two players from the same team gain possession of the ball in quick succession, this is not considered a short pass |
| Replayed ball | <ul style="list-style-type: none"> A player who fumbles while gaining possession of the ball will not be considered to have replayed the ball. A player may bat or bounce the ball up to 2 times to gain possession. Repossession after attempt at goal. 1x attempt OK, with explanation, after which free pass to opposing team. | <ul style="list-style-type: none"> While the usual rules for replayed ball apply, consideration must be given to the age and skill level of the players in determining whether a player has control of the ball (i.e. some fumbling should be expected and allowed) |
| Footwork | <ul style="list-style-type: none"> 1-2 steps to regain balance allowed | <ul style="list-style-type: none"> Shuffling on the spot to regain balance allowed, without moving down the court. |
| Centre Pass | <ul style="list-style-type: none"> Centre pass is taken by the non-scoring team | <ul style="list-style-type: none"> Alternate centre pass. |
| Offside | <ul style="list-style-type: none"> A player who moves into an incorrect playing area and self-corrects should not be penalised for offside. If two or more players simultaneously go offside and one player touches the ball, the team will maintain possession but an onside player will take the ball (and offside players will return to onside positions). A single player who moves into an offside area, will be given guidance to move back onside but not penalised. If a player regularly goes offside, after guidance is given, they may be penalised. | <ul style="list-style-type: none"> Usual offside rule applies, with consideration given to the age and skill level of the players. If two or more players simultaneously go offside and one player touches the ball, the opposing team will be given a free pass. (Offside players will be given guidance to return to onside positions). A single player who moves into an offside area will be penalised, but also given guidance about staying onside. The opposing team will be awarded a free pass. |

| Rule | SHNA Set (6-8s Tier) | SHNA Go (U9s Tier) |
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| Breaking | <ul style="list-style-type: none"> • A player who breaks on the centre pass should not be penalised for breaking. (And guidance given.) | <ul style="list-style-type: none"> • Players should be given guidance if they break on the centre pass and <u>should not be penalised at the first instance</u>. If a player regularly goes offside, even after guidance is given they may be penalised. |
| Defending | <ul style="list-style-type: none"> • Strict one-on-one defence. • Players may defend a shot at goal, so long as it's 1:1 and they are no less than 1.2m from the shooting player. | <ul style="list-style-type: none"> • One-on-one defence desirable. • Players may defend a shot at goal, so long as it's 1:1 and they are no less than 90cm. Consideration must be given to the age and skill level of the players in determining whether a penalty or guidance is given. |
| Obstruction | <ul style="list-style-type: none"> • Players should be given guidance if they are obstructing (i.e. defending from a distance of less than 1.2m or have arms away from the body so as to limit the movement of an opponent) and <u>should not be penalised at the first instance</u>. <u>If a player regularly obstructs, even after guidance is given, they may be penalised.</u> <p>(Note: Contact rule is per normal Netball Rules.)</p> | <ul style="list-style-type: none"> • While the normal Netball rules for Obstruction applies (90cm/3ft), consideration must be given to the age and skill level of the players in determining whether a penalty or guidance is given. |
| Substitutions | <ul style="list-style-type: none"> • Coaches to ensure game time (per game) is evenly distributed amongst all players, where practical. (Recommend coaches note on score sheet.) • A team can substitute and/or change positions at quarter/half time breaks (half time preferred). • Coaches to ensure players experience all positions as equally as possible over the course of the program/season. (Recommend coaches use rotating grid during the season.) | <ul style="list-style-type: none"> • Coaches to ensure game time (per game) is evenly distributed amongst all players, where practical. (Recommend coaches note on score sheet.) • A team can substitute and/or change positions at quarter/half time breaks (half time preferred). • Coaches to ensure players experience all positions as equally as possible over the course of the program/season. (Recommend coaches use rotating grid during the season.) |
| Penalty Pass | <ul style="list-style-type: none"> • Player taking the penalty pass must stand in the correct position and wait for the offending player to stand out of play before passing. | <ul style="list-style-type: none"> • Player taking the penalty pass must stand in the correct position and wait for the offending player to stand out of play before passing. |
| Advantage | <ul style="list-style-type: none"> • The advantage rule should not be applied, with the exception of advantage goal. | <ul style="list-style-type: none"> • The advantage rule should not be applied, with the exception of advantage goal. |
| Game Management | <ul style="list-style-type: none"> • Game Management section does not apply. | <ul style="list-style-type: none"> • Game Management section does not apply. |

| Rule | SHNA Set (6-8s Tier) | SHNA Go (U9s Tier) |
|----------------------------------|---|--|
| Coaching | <ul style="list-style-type: none"> • The coach may enter the field of play to provide players with immediate feedback as required. • If the game is one-sided, coaches should use any means necessary to ensure a good experience for all players. This could include: <ul style="list-style-type: none"> o Rotation of players into positions they don't usually play. o Rest more skilled players. | <ul style="list-style-type: none"> • The coach may move along the sideline (<u>but may not interfere with the umpire</u>) to provide players with immediate feedback as required. • If the game is one-sided, coaches/umpires should use any means necessary to ensure a good experience for all players. This could include: <ul style="list-style-type: none"> o Centre pass is taken by non-scoring team. o Rotation of players into positions they don't usually play. o Rest more skilled players. <p>(with particular emphasis on coaches staying out of the way of the umpire.)</p> |
| Awards and Scoring | <ul style="list-style-type: none"> • No scores should be kept and no finals are played. • No best and fairest awards should be awarded. | <ul style="list-style-type: none"> • Scores may be kept but no ladder produced; no finals are played. • No best and fairest awards should be awarded. |
| Making substitutions during play | Not applicable (refer changes made in the 'Substitutions' line above). | Not applicable (refer changes made in the 'Substitutions' line above). |

NOTE: 10s and above play normal Netball Australia rules.